

Susan Schleppegrell

Author • Speaker • Real Estate Professional

Helping others find healing, resilience, and renewed purpose through life's seasons of growth.



About Susan

Susan Schleppegrell is an accomplished Real Estate professional in the Dallas–Fort Worth area with a background in Human Development, Positive Psychology Coaching, and Horticulture. A lifelong lover of gardening, she often reflects on the parallels between tending a garden and cultivating a meaningful life through seasons of growth, loss, resilience, and renewal. Susan is also a proud mother of two daughters and grandmother to two energetic grandsons, whose love, encouragement, and support have shaped many of the most important chapters of her life.

Life took an unexpected turn when Susan became the victim of two devastating scams that resulted in significant financial loss, emotional trauma, and years of uncertainty. What began as deception quickly evolved into a journey that tested her confidence, relationships, and sense of self. Through heartbreak, shame, regret, and the difficult work of healing, she discovered that even life's most painful experiences can become powerful opportunities for growth, self-discovery, and transformation.

That painful journey inspired Susan to write *Twice Betrayed* and share her story with others who may be facing betrayal, adversity, loss, or personal setbacks. Today, her mission is to help people move beyond victimhood, reclaim their inner strength, and recognize the remarkable potential that still exists within them. Through writing, speaking, and meaningful conversations, Susan encourages others to embrace authenticity, cultivate resilience, and create lives filled with purpose, hope, and possibility.

Today, her mission is to help people move beyond survival mode, reclaim their inner strength, and recognize the remarkable potential that still exists within them.

Speaking Topics

- Healing After Financial & Emotional Betrayal
- The Psychology of Scams: Why Smart People Get Trapped
- Breaking Trauma Bonds & Reclaiming Self-Trust
- Writing Your Way Through Shame
- Building Resilience After Profound Loss

Speaker Introduction

Susan Schleppegrell is an author, speaker, and advocate for personal growth who transformed profound financial loss, betrayal, and adversity into a powerful framework for resilience and renewal.

Through her Growth Paradigm and Survival Cycle, Susan helps individuals and organizations understand how setbacks, shame, regret, and uncertainty can either keep us stuck or become catalysts for growth.

Drawing from lived experience, positive psychology principles, and extensive research, Susan delivers inspiring, actionable presentations that empower audiences to build resilience, strengthen accountability, foster healthier relationships, and create cultures of growth.

Attendees leave with practical tools and renewed confidence to move forward with purpose, courage, and clarity.

Booking & Media Contact

Website: www.susanunfiltered.com

Email: susan@susanunfiltered.com

Facebook: [@SusanSchleppegrellAuthor](https://www.facebook.com/@SusanSchleppegrellAuthor)

Instagram: [@SusanSchleppegrellAuthor](https://www.instagram.com/@SusanSchleppegrellAuthor)

TikTok: [@SusanSchleppegrellAuthor](https://www.tiktok.com/@SusanSchleppegrellAuthor)

Available for keynotes, workshops, retreats, and podcast interviews.